

Connecticut Women^{OB/GYN}

Specializing in Women's Health

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Patient Name: _____ DOB: _____

WHAT IS A PREVENTIVE EXAM?

Also called a “Physical”, “Wellness Exam” or “Annual Exam”

A preventive exam is a scheduled medical evaluation of an individual that focuses on preventive care. It includes an age and gender appropriate history, an examination, a review of risk factors & plans to reduce them and the ordering of appropriate immunizations, screening laboratory tests, ultrasound or diagnostic procedures.

What does this mean?

A preventive exam is a periodic exam that covers all prevention and health maintenance issues related to age, sex and family history; it is a “Well Exam”. A preventive exam is not a follow-up visit or a problem based visit. A preventive exam cannot be expected to deal with everything that has been bothering you since your last visit.

A SECOND Service May Be Necessary

If time allows and dependent on the judgment of the provider, new problems or chronic disease follow-up issues may be addressed as a SECOND service during this visit. Examples of chronic issues are endometriosis, pcos, vulvodynia, abnormal bleeding, etc.....

NOTE: YOUR insurance plan may require co-pay or apply charges to your deductible for a **SECOND** service provided during a Preventive Exam visit. Please consult with your insurer or HR department to understand your insurance coverage requirements.

Patient Signature: _____ Date: _____