

*John M Garofalo, MD  
30 Stevens Street  
Suite A, Norwalk CT 06850*

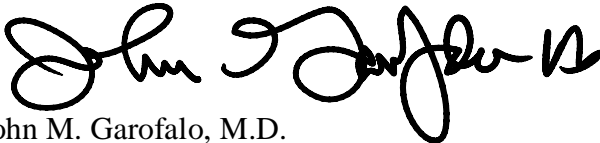
The surgery you are scheduled for requires a preoperative bowel preparation. This should be started at home prior to your admission to the hospital. Please note the following instructions:

- Starting at 9:00 pm two days prior to your surgery, restrict dietary intake to clear liquids only. This includes Jell-O, clear broth, juices, tea and coffee (it is permissible to add a small amount of milk to your coffee or tea).
- Drink one bottle of cold citrate of magnesia in 20 minutes starting at 2:00 p.m. on the day prior to your operation. This will clear out your bowels.
- Administer one fleet enema at 8:00 p.m. on the evening prior to the operation.
- It is important to drink large amounts of water during the late afternoon and evening of the day prior to the operation.
- Do not have anything to eat or drink except small sips of water after midnight prior to the operation!! If you eat or drink after midnight, we will not be able to perform you surgery.

*The bottle of citrate of magnesia and the fleet enema may be obtained from your local pharmacy.*

If you have any questions, please call us at (203) 855-3535.

Sincerely,

A handwritten signature in black ink, appearing to read "John M. Garofalo". The signature is fluid and cursive, with a large initial "J" and "G".

John M. Garofalo, M.D.